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## MANAGEMENT BULLETIN #620

**DATE:** 3/30/2026  
**TO:** Owners and Agents of IHDA Assisted and Financed Properties  
**CC:** IHDA Asset Management Staff  
**FROM:** IHDA Asset Management Department  
**RE:** Important SNAP Updates and Resources for Residents

### SUMMARY:

Recent federal changes to the Supplemental Nutrition Assistance Program (SNAP) will impact benefit eligibility for certain individuals beginning May 1, 2026. These updates introduce new work requirements and eligibility changes that may affect residents currently receiving SNAP benefits.

We are sharing this information to ensure property owners and agents are informed and equipped to support residents by directing them to appropriate resources.

1) Customers can find out if they are an Able-Bodied Adult Without Dependents (ABAWD), check if they are already meeting work requirements, see whether or not they are exempt from the new requirements - and find the proper form to declare an exemption, by using the [SNAP Work Requirements Screener](#).

2) Customers who must meet the new requirements can learn how to do so by working, volunteering, or participating in a training or education program. Find resources at: [IDHS: Connecting to Opportunities to Meet Work Requirements](#).

### Partner resources and outreach

- Updated ABAWD information, notices, and resources are available at [snapfederalimpact.illinois.gov](http://snapfederalimpact.illinois.gov).
- Shareable posts about SNAP changes and resources are available on IDHS [Facebook](#) and [LinkedIn](#) channels.

### New SNAP Noncitizen Eligibility Changes

The federal budget bill, H.R. 1, made changes to SNAP eligibility based on immigration status. These changes to noncitizen eligibility will start going into effect beginning April 1, 2026.

For impacted people currently receiving SNAP, the eligibility change will be applied at their next redetermination, effective on or after April 1. To obtain more information about impacted groups and available support, please visit: [IDHS: Noncitizen Eligibility Changes](#).

Please review and share the following SNAP resources flyer with residents for additional guidance and quick-reference information.

The federal government made changes to SNAP eligibility for Able-Bodied Adults Without Dependents (ABAWDs).

Federal changes to SNAP mean ABAWDs will lose benefits on May 1, 2026, if:

- they have received SNAP for three months, starting February 1, 2026, and
- they have not met or were not exempt from work requirements.

**1** Customers can find out if they are an ABAWD, check if they are already meeting work requirements, see if they are exempt from the new requirements – and find the proper form to declare an exemption – by using the screener here: [abe.illinois.gov](https://abe.illinois.gov)



**2** Customers who are ABAWDs and unable to declare an exemption can meet the new requirements by working, volunteering, and/or participating in a training or education program. Visit: [snapfederalimpact.illinois.gov](https://snapfederalimpact.illinois.gov)

